

GROUP ½ SPORTS

11:00-1:00

Adult Leader: Mrs. Erika Pedroso & teen leaders, Elijah & Hudson

11:00 - Meet and Greet on the field (near Gaga pit) - use tarp for sitting games and backpacks

11:00 - 11:20 – Warm up games on the field (the many different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc) (on hot days, sitting games are included: duck duck goose, drip drip drop or poison dart frog)

11:20 - 11:50 - Gaga pit reserved for your class

12:00 Adult Leader change: Mrs. Erika Pedroso leaves and Mrs. Maisie Law begins her shift—new teen leaders Judah & Charlotte

11:50 - 12:30 – Woods (fort building, home & store building with woods provided items to sell and other natural materials as ‘money’, leaning tree climbing (with assistance), rock/acorn collecting, lots of other imaginative activities & building)

12:30 - 12:55 – Upstairs restroom break & Lunch at the picnic table and tarps / woods on the RIGHT side of the church when looking at the church.

12:55 - Lunch Clean up and walk to science class (enter the side door behind the church)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

