

SPORTS FOR 4A, 4B, LIFE SCIENCE

WHAT DOES CHESSIE SPORTS LOOK LIKE FOR THIS AGE?

Students in 4A, 4B, & Life Science are given autonomy during their sports time. What this means is that they can choose the activities around the field and front of the church that they would like to participate in. The teen leader on the field is their sports leader. There are also adult staff on the field all day, so if a student has a need, they can seek out an adult staff member. If your child has a concern during their sports activities, please tell them to seek out a staff member at that time. By the time they go home and tell their parent about a problem, those involved may have forgotten about what happened. Handling it quickly is crucial. If something happens during sports, and you would like to talk to someone, please contact the adult staff member that was there at that time. The CHESSIE staff page lists our staff and the hours and areas where they work. Our sports coordinator for 2025-26 is another resource that you can contact if further assistance is needed. **Erika Pedroso** is the sports leader from 12:00-1:30 & **Katie Arnold** from 1:30-5:00.

NOTE: The "CHESSIE MODEL" is set up to allow students to have the autonomy to make decisions about how to spend their sports time. Students are strongly encouraged to participate in games during most of the time that they are at sports. We want students to be active. It is not our desire to have a paid fitness instructor for these students. In an effort to keep the cost of CHESSIE sports low, we have chosen to have staff & service parent supervision and teen leaders leading sports activities. For example, it would be difficult for a family with 3 children to pay \$30 per month per child to enable CHESSIE to hire a fitness instructor. There would also be a sports material fee that would be required if there was a paid fitness instructor. Rather than having a family of three pay \$90 per month for sports, the CHESSIE fee is \$12 per month per child for sports for child 1&2 and \$6 per month for child three (total for three children \$30). We want to keep the payment for sports low to keep CHESSIE affordable for families. If the cost was increased to pay for a PE teacher, many CHESSIE families would not be able to participate. If you are looking for a PE class that has a paid instructor and games and activities that the students are required to participate in, CHESSIE may not be what you are looking for.

SCHEDULE:

- **4A- IF A STUDENT PARTICIPATES IN PPF THEY WOULD HAVE SCIENCE (1:10-2:15) & FREE PLAY SPORTS (2:15-3:15) & THEN GO ON TO PPF (3:15-4:00)**
- **4A- IF A STUDENT DOES NOT PARTICIPATE IN PPF, THEIR SCHEDULE WOULD BE SCIENCE (1:10-2:15) FREE PLAY SPORTS (2:15-4:00)**
- **4B- IF A STUDENT PARTICIPATES IN PPF (12:45-1:30) FREE PLAY SPORTS (1:30-2:15) SCIENCE (2:15-3:20) & SPORTS FINISHES UP (3:20-4:00)**
- **4B- IF A STUDENT DOES NOT PARTICIPATE IN PPF, FREE PLAY SPORTS (1:00-2:15) SCIENCE (2:15-3:20) SPORTS FINISHES UP (3:20-4:00)**
- **LIFE SCIENCE- IF A STUDENT PARTICIPATES IN PPF, THEY WOULD HAVE PPF (1:35-2:20), FREE PLAY SPORTS (2:20-3:25) SCIENCE (3:25-4:35)**
- **LIFE SCIENCE-IF A STUDENT DOES NOT PARTICIPATE IN PPF, THEY WOULD HAVE FREE PLAY SPORTS (1:30-3:25) & SCIENCE (3:25-4:35)**



There are many activities available for students during their “free play” time. The teen leader on the field is there from 1:00-3:00 & a second teen leader from 3:00-4:30. Teen leaders choose games with input from the students, and students should plan to participate even if the game chosen is not their favorite. All students should be good sports and play the game that their friend wants to play one week, then they can choose the game the next week. It is good training for students to work together in a collaborative manner. Students should ask teen leaders how to play games that they are unfamiliar with & the teen leader will explain the rules. If the student does not understand the rules, please reach out to the adult staff member that was present at that time so that we are sure that the rules are explained well to your student. Examples of games that are played on the field are dodgeball, capture the flag, & using the gaga ball pit. Other activities include: Jump rope, building with the CHESSIE legos, students can bring games from home, building stick forts and other woods play, eating a snack that the student brought from home, visiting with friends. Some students like to bring along a book and sit on the porch to read for part of their sports time. Some activities are located in front of the church in the parking lot. Basketball & 4-square are sometimes played there. There is always sidewalk chalk available for students who would like to draw in the parking lot. These students are supervised by service parents in the parking lot.

Craft table: (1:25-2:25) A CHESSIE teen leader sets up a table under the pavilion and has a planned craft each week for students to participate in. It is nice for students who are not as interested in athletics to have this option. Some craft ideas that have been used are play doh, paintings, a back to school “all about me” poster, chalk art, banner art, holiday crafts for Christmas and Easter.



WHAT CHESSIE SPORTS IS NOT:

- Student sports hours are not a structured PE class with a curriculum & there is no paid PE instructor. The teen leaders do not take attendance, they do not keep a roster.
- The CHESSIE staff will strongly encourage students to actively participate in games during their sports time. It is not, however, the job of CHESSIE staff to dictate to students what they will do during their free play or to force students to participate in an activity they prefer not to participate in. If a parent wants their child to participate in the organized games *or* allows them total autonomy, the parent needs to keep the child accountable to them. CHESSIE staff will not keep the students accountable to parent suggestions for how the child spends their sports hours.
- For parents that would like their student to have fitness goals that they work toward each week, the Modified Presidential Physical Fitness class is the perfect opportunity. Please see the course description for the fitness program under “sports” on the website. Please note that there is an extra material fee for the fitness class, which covers the cost of equipment and prizes (\$30 per year). There is no material fee for free play sports.

**THANK YOU FOR YOUR PARTICIPATION AT CHESSIE! WE
LOVE OUR FAMILIES & STUDENTS.**

