

2025-2026 ---SPORTS INFORMATION FOR GRADES 1-4
GROUP 1, 1/2, STRAWBERRIES, BLUEBERRIES, APPLES, BANANAS
MODIFIED PRESIDENTIAL PHYSICAL FITNESS CLASSES & CRAFT TABLE

Our sports leaders have the flexibility to change activities & tweak the times to fit the needs of their students. Each group has a scheduled time for gaga ball, field games, and woods play. With the exception that K does not have a built-in woods time. Below is a typical Thursday schedule for each group.



1 Sports – 11:00-12:00

Adult Leader: Mrs. Abby Bryant

11:00 - Meet & Greet on back patio under roof (students can leave their backpacks under the covered part of the back patio)

11-11:20 warm up game --gaga ball

11:20 water break (this group has an official water break because they move over to the woods next, which is a distance from their water bottles)

11:20-11:45 woods time (building forts and capture the flag)

11:45 snack/downstairs restroom break

12:00 walk to class (back side door)

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

1 Sports –1:00-2:00 SECOND HOUR OF GROUP 1

Adult Leader: Mrs. Emily Fernandez

1:00 - Pick up from Class (back door around side of church)

1:00 - 1:20 – Upstairs Restroom break / lunch or snack at picnic tables & tarps on right side looking at the church (students can leave backpacks and belongings on the tarps)

1:20 - 1:40- Field games (the *many* different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc.) (on hot days, sitting games are also included: duck duck goose, drip drip drop or poison dart frog) **1:40 - 1:55-** Games on back patio or black top such as 9 square.

1:55 - Sibling Care kids go to Bethany on the back patio & the rest to the picnic tables for pick-up (parents must sign out and then walk over to get students)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

½ Sports--11:00-1:00



Adult Leader: Mrs. Rebecca Duffield

11:00 - Meet and Greet on the field (near Gaga pit) - use tarp for sitting games and backpacks

11:00 - 11:20 – Warm up games on the field (the many different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc) (on hot days, sitting games are included: duck duck goose, drip drip drop or poison dart frog)

11:20 - 11:50 - Gaga pit reserved for your class

11:50 - 12:30 – Woods (fort building, home & store building with woods provided items to sell and other natural materials as ‘money’, leaning tree climbing (with assistance), rock/acorn collecting, lots of other imaginative activities & building)

12:30 - 12:55 – Upstairs restroom break & Lunch at the picnic table and tarps / woods on the RIGHT side of the church when looking at the church.

12:55 - Lunch Clean up and walk to science class (back side door)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

GRADE 2 STRAWBERRIES & GRADE 3 BLUEBERRIES 12:05-2:00

Adult Leader: Mrs. Crystal Crippen

12:05 - Meet & Greet on the porch after science class dismissal - move to side yard tarps area where the picnic tables are (this is to the right of the front of the church)

12:05 - 12:30 - Lunch on the side yard tarps

12:30 - 1:05 - Organized games on the field (capture the flag, sprout ball, cookie tag, everyone is it, sharks and minnows) or 4-square on the pavement

1:05 - 1:25 – **Strawberries** Gaga & **Blueberries** Woods (or vice versa)

1:25 - 1:45 - **Blueberries** Gaga & **Strawberries** Woods (or vice versa)

1:45 - sibling care kids are dismissed to sibling care & all others go to tarps at the picnic table area for pick up.

NOTE** Water break—Students take a water break whenever needed. They can take their water with them to the field or return to their backpack to retrieve it when needed. ***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

GRADE 4 & OLDER 3RD GRADE APPLES & GRADE 4 BANANAS 1:00 – 3:00

Adult Leader: Mrs. Ashley Nettleton and Mrs. Rebecca Egley (Rebecca: Sept/Oct/Nov/Apr/May)
(Ashley: Dec/Jan/Feb/March)

1:10 - 1:30 - pick up @ porch from class dismissal and eat lunch/snack on the side yard tarps 1:30 – It is not automatic that at 4th grade a student is allowed "free play". The sports leaders will assess how each 4th grader does in sports about following directions, getting along with others, and cheerfully participating in the games that are planned. Once the sports leader decides that a 4th grader can have the autonomy to choose their own activities, they will be dismissed for "free play". Teen leader on the field: Luke Otto (1:15-3:00) games played: Dodgeball, Soccer, Handball, Frisbee, 4square

1:30 - 2:00 – 3rd graders & 4th graders who prefer to stay in the group with the sports leader, or that haven't been granted free play yet Organized games on the back field with sports leaders (capture the flag, sprout ball, cookie tag, everyone is it, sharks and minnows) or 4-square on the pavement

2:00 - 2:25 - Apples in Woods & Bananas in Gaga (or vice versa)

2:25 - 2:50 - Bananas in Woods & Apples in Gaga (or vice versa)

2:25 - PPF kids are dismissed

2:30 - 2:50 - Teen leaders lead games on the field / allow students to "your choice" time (craft table, etc) (craft table is open from 1:45-2:45)

2:50 - Dismiss sibling care kids & bring all others to the side yard for pick up

NOTE** Water break—Students take a water break whenever needed. They can take their water with them to the field or return to their backpack to retrieve it when needed. ***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play.

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. Ephesians 4:32

Sportsmanship

Checklist

☒ I played by the rules.

☒ I was respectFul.

☒ I accepted the outcome of the game.

MODIFIED PRESIDENTIAL PHYSICAL FITNESS PROGRAM AT CHESSIE

ADULT LEADER: MRS. TRISHA THOMPSON FOR ALL GROUPS

CLASS TIMES:

4B: 12:45-1:30

Life Science: 1:35-2:20

Apples & Bananas in grade four: 2:25-3:10

4A: 3:15-4:00

PLEASE READ THE COURSE DESCRIPTION FOR THIS CLASS ON THE SPORTS PAGE OF THE CHESSIE WEBSITE



CRAFT TABLE IS OPEN ON THE BACK PATIO FROM 1:45-2:45 EACH WEEK

Teen craft table leader: Lily M.

The craft table leader has supplies for students to enjoy completing some art work to take A break from sports activities. This is especially nice for students who are at CHESSIE for sibling care, which makes their day much longer. Students can make bracelets, paper crafts, and seasonal crafts that the craft leader plans and implements each week.



CHESSIE ADULT SUPERVISING STAFF (2025-2026)

9:45-11:00 Mrs. Patty Kell

10:45-12:15 Mrs. Jacque Spruill

10:45-12:15 Mrs. Emily Fernandez

12:00-1:30 Mrs. Erika Pedroso

12:15-1:30 Mrs. Amanda Charette

1:30-4:00 Mrs. Jes Hoover

2:00-4:00 Mrs. Christylynn Flynn

4:00-5:00 Mrs. Courtney Gunn