

2026-2027- SPORTS INFORMATION FOR GROUP ONE

Our sports leaders have the flexibility to change activities & tweak the times to fit the needs of their students. Each group has a scheduled time for gaga ball, field games, and woods play. With the exception that K does not have a built-in woods time. Below is a typical Thursday schedule for each group.

Group 1 SPORTS 11:00-11:20:00

Adult Leader: Mrs. Abby Bryant & teen leaders, Kristyn & Charlie M.

11:00 -Meet & Greet on the back patio under the roof (students can leave their backpacks under the covered part of the back patio)

11:00-11:20 -warm up game -gaga ball

11:20 -water break (this group has an official water break because they move over to the woods next, which is a distance from their water bottles)

11:20-11:45 -woods time (building forts and playing capture the flag)

11:45- snack & restroom break

12:00 -walk to class (side door behind the church)

****** When new games are introduced, sports leaders explain the rules and make sure the students understand how to play the game.



Sports -1:00-2:00 SECOND HOUR OF GROUP 1

Adult Leader: Mrs. Anna Breeding & teen leaders, Estelle & Charlie S.

1:00 - Pick up from Class (side door behind church on the left)

1:00 - 1:20 – Upstairs Restroom break / lunch or snack at picnic tables & tarps on right side looking at the church (students can leave backpacks and belongings on the tarps)

1:20 - 1:40- Field games (the *many* different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc.) (on hot days, sitting games are also included: duck duck goose, drip drip drop or poison dart frog) **1:40 - 1:55**- Games on back patio or black top such as 9 square.

1:55 - Sibling Care kids go to the back patio & the rest to the picnic tables for pick-up (parents must sign out and then walk over to get students)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

